



YOGAMIND  
PRATO

	Lunedì	Martedì	Mercoledì	Giovedì	Venerdì
11.30	Yin Yoga				Restorative Wall
13.30	Yoga Wall	Vinyasa	Kundalini	Hatha Yoga	Functional
18.00	Yoga Wall	Hatha Yoga	Shiva Flow	Yin Yoga	
19.30	Vinyasa	Acro Yoga	Yoga Wall	Vinyasa	

[www.yogamindprato.it](http://www.yogamindprato.it)

[info@yogamindprato.it](mailto:info@yogamindprato.it)

+39 338 40 74 895

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